

Patient Information Form

-Please Print-

PATIENT NAME _____ DATE OF BIRTH _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

PHONE () _____ - _____ EMAIL: _____ SEX: M F AGE: _____

IS IT OKAY TO LEAVE A MESSAGE ON THE PHONE NUMBER YOU PROVIDED? YES NO

HOW DID YOU HEAR OF US? _____

REFERRING PHYSICIAN _____ PHYSICIAN'S PHONE () _____ - _____

EMERGENCY CONTACT _____ RELATIONSHIP _____

EMERGENCY CONTACT'S PHONE () _____ - _____

PRIMARY INSURANCE _____

SECONDARY INSURANCE _____

DO YOU NEED A TRANSLATOR? YES NO Would you like one provided? Yes No WHICH LANGUAGE: _____

PERSON RESPONSIBLE FOR PAYMENT (IF DIFFERENT FROM PATIENT)

FULL NAME _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

EMPLOYER NAME _____ EMPLOYER PHONE # _____

HAVE YOU HAD PREVIOUS PHYSICAL THERAPY, OCCUPATIONAL THERAPY, OR SPEECH THERAPY THIS CALENDAR YEAR? YES NO HAVE YOU HAD HOME HEALTH THERAPY? IF SO, WHEN? _____

DO YOU HAVE AN ADVANCED DIRECTIVE? YES NO DO YOU NEED INFORMATION ON ONE? YES NO

PLEASE CHECK THE CAUSE OF INJURY RELATED TO THIS APPOINTMENT (MUST PICK ONE)

AUTO WORK HOME OTHER (PLEASE EXPLAIN) _____

IF YOU CHECKED AUTO OR WORK ABOVE, PLEASE COMPLETE THE FOLLOWING:

IS THERE LEGAL ACTION PENDING? YES NO

ATTORNEY'S NAME _____ PHONE NUMBER _____

WORKER'S COMPENSATION CARRIER _____ CLAIM NUMBER _____

NAME OF ADJUSTER _____ PHONE () _____ - _____



HUNTINGTON BEACH
PHYSICAL THERAPY
SPECIALISTS

(714) 841-6162

www.HBPTS.com

History and Physical Condition Information

Name: _____ Age: _____

Referring Physician: _____

Primary Care Physician: _____ Phone: _____

Problems to be treated: _____

Approximately when did your injury start? _____

Have you had treatment for this problem before? YES NO
If YES, state where: _____ When _____
Treatment given: _____

Have you had surgery associated with this problem? YES NO

What is your current height: _____ current weight: _____

Please list *all* medications on the separate *Medication list* form:

Do you now have / or have you ever had any of the following:

| | | | | | |
|---------------------|-----|----|-----------------------|-----|----|
| High Blood Pressure | YES | NO | Sensitive to Heat/Ice | YES | NO |
| Heart Disease | YES | NO | Allergies | YES | NO |
| Heart Attack | YES | NO | Hernia | YES | NO |
| Pacemaker | YES | NO | Seizures | YES | NO |
| Diabetes | YES | NO | Metal Implants | YES | NO |
| Headaches | YES | NO | Dizzy Spells | YES | NO |
| Kidney Problems | YES | NO | Balance Problems | YES | NO |
| Nervous Disorder | YES | NO | Vision Problems | YES | NO |
| Hearing Problems | YES | NO | Other Illnesses | YES | NO |
| Cancer | YES | NO | Describe _____ | | |
| History of Smoking | YES | NO | Are you pregnant? | YES | NO |

If YES on any of the above, please explain and give approximate dates: _____

Have you had Physical Therapy before for any injury? YES NO If YES, when and for how long? _____

Please provide your intended goals for Physical Therapy involving your current injury. _____

The above information is correct to the best of my knowledge.

Signature: _____ Date: _____



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Huntington Beach, CA 92648

Incontinence and Pelvic Floor Patient Form

(Please fill out ONLY if you will be treated for Incontinence or pelvic floor)

How frequently do you urinate in a 24 hour period? _____

How many incontinent voids (accident) in a 24 hour period? _____

How much urine loss occurs with and incontinent void? Small Medium Large (circle one)

Do you experience urine loss before reaching the toilet? _____

How often? _____

Do you leak urine when you (Please circle YES or NO):

| | | | | | |
|--------------|-----|----|------------------------|-----|----|
| Cough once? | YES | NO | Have coughing spells? | YES | NO |
| Sneeze once? | YES | NO | Have a sneezing spell? | YES | NO |
| Laugh? | YES | NO | Jump? | YES | NO |
| Run? | YES | NO | Exercise? | YES | NO |
| Walk? | YES | NO | Bend over? | YES | NO |

Pick up an object? YES NO If yes, what is the weight of the object? _____

When does urine loss most occur (circle one) DAY NIGHT BOTH

How much fluid do you drink during the day? _____

Do you drink caffeinated coffee, teas or sodas? _____ Amount & Frequency _____

What is the date of your last menses? _____

Have you ever been given hormone replacement therapy? (Date) _____

Are you undergoing hormone replacement now? _____

Do you use panty liners, sanitary napkins, tissues, disposable briefs, or any other absorbent material for urine control? _____

Do you leak urine when you are nervous or excited? YES NO

Does urine escape from you when you raise or lower yourself from a chair? YES NO

Is it difficult to stop urine once it starts flowing? YES NO

Are you currently taking any medications? YES NO If yes, please list all medications on form attached

Have you had any previous surgeries? YES NO _____

Name (Please Print): _____

Signature: _____ Date: _____

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Pain Scale

Required for all Patients

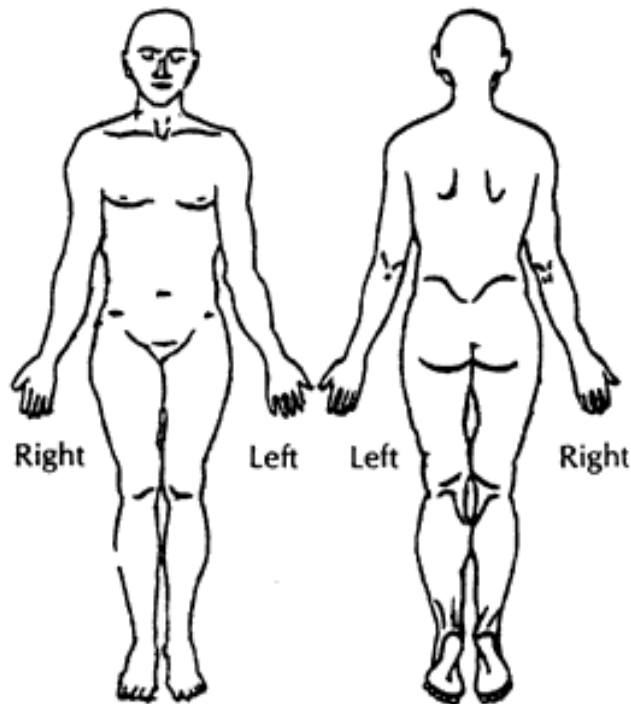
NUMERIC PAIN SCALE

PLEASE RATE YOUR PAIN ON THE FOLLOWING NUMERIC SCALE, BY CIRCLING THE NUMBER WHICH BEST DESCRIBES YOUR PAIN.

| | | | | | | | | | | |
|-------------------|--------------|------|----------|---|--------------------|--------|---|----------------|--------------|-----------|
| 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 |
| Normal No Pain | Very Weak | Weak | Moderate | | Somewhat Strong | Strong | | Very Strong | Very Very | Emergency |

THE PAIN DRAWING

Indicate your symptoms on the body diagrams using symbols in the key below.



//// Stabbing

xxxx Aching

00000 Pins and needles

Numbness

X _____
Patient Signature

Fall Efficacy Scale

(Required for all Medicare patients only)

Patient Name _____ Date _____

Pursuant to Medicare guidelines we are required to assess any risk for falls and provide an appropriate plan of care or advice for assistive device.

1. Have you had two or more falls in the past year? Yes No
If YES, when? _____
2. Were there any injuries caused by these falls? Yes No
If YES, in what area? _____

On a scale from 1 to 10, with **1 being very confident and 10 being not confident at all**, how confident are you that you do the following activities without falling?

Take a bath or shower

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Reach into cabinets or closets

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Walk around the house

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Prepare meals not requiring carrying heavy or hot objects

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Get in and out of bed

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Answer the door or telephone

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Get in and out of a chair

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Getting dressed and undressed

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Personal grooming (i.e. washing your face)

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Getting on and off of the toilet

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Consent Form

Patient Name: _____ If minor, parent/guardian name _____

A photocopy of this document and signatures shall be considered as effective and valid as the original.

1. CONSENT FOR TREATMENT: I, the undersigned, hereby authorize Huntington Beach Physical Therapy Specialists and/or Tustin Physical Therapy Specialists (the "Clinic") to render services to me/patient, which are deemed necessary by the treating provider.

X

Signature of Patient/Guardian

Date

2. RESPONSIBILITY FOR PAYMENT: I, the undersigned, take full responsibility for payments for all services rendered by Provider. If I have insurance benefits available, I understand that my insurance is a contract between me and my insurance company and NOT between the provider and my insurance company, and that I will be solely responsible for all billing and collection from the insurance company for all services rendered. The Provider cannot guarantee that the insurance company will pay, even if the policy provides for coverage, or approval was previously granted. Payment is due when services are rendered unless previous arrangements have been provided.

X

Signature of Patient/Guardian

Date

3. CONFIDENTIALITY & PRIVACY OF PATIENT: I am aware that my medical information is confidential and may not be shared (except as permitted by law) with anybody without my consent. I am also aware that the staff at the Clinic may view my medical records for continuity of treatment.

X

Signature of Patient/Guardian

Date

4. AUTHORIZATION TO RELEASE MEDICAL INFORMATION: I have read and fully understand the Clinic's Notice of Information Practices, the undersigned, consent to the use and disclosure of my personal health information for purposes as noted in the Clinic's Notice of Information and hereby authorizes the Provider and Staff to release information concerning my health acquired in the course of examination, history and treatment to a Physician, Healthcare provider and/or Insurance Carrier, as appropriate.

X

Signature of Patient/Guardian

Date

5. CANCELLATION POLICY: PLEASE GIVE 24 HOURS NOTICE IF YOU ARE UNABLE TO MAKE YOUR SCHEDULED APPOINTMENT. A \$35 FEE WILL BE INCURRED FOR ANY CANCELLATIONS GIVEN WITHOUT 24 HOURS NOTICE

AFTER TWO FAILED APPOINTMENTS WITHOUT NOTIFICATION, YOUR REMAINING APPOINTMENTS WILL BE TAKEN OFF THE SCHEDULE UNTIL YOU NOTIFY US BY TELEPHONE OR IN PERSON.

I HAVE READ AND AGREE TO THE ABOVE APPOINTMENT & CANCELLATION POLICY.

SCHEDULING: In order to secure times that you desire, we recommend you schedule follow up visits in advance. It remains your choice to schedule future appointments and your responsibility to continue to schedule for the duration of your treatment.

X

Signature of Patient/Guardian

Date

6. **EMAIL:** Please keep in mind that communication via email over the internet are not secure. Although it is unlikely, there is a possibility that information you include in an email can be intercepted and read by other parties besides the person to whom it is addressed.

Please initial here _____ Date: _____

Female NIH-Chronic Prostatitis Symptom Index (NIH-CPSI)

Center for Urologic and Pelvic Pain

Name: _____

Date: _____

Pain or Discomfort

1. In the last week, have you experienced any pain or discomfort in the following areas?

| | Yes | No |
|--|-----|----|
| a. Area between rectum and vagina (perineum) | 1 | 0 |
| b. Labia | 1 | 0 |
| c. Clitoris (not related to urination) | 1 | 0 |
| d. Below your waist in your pubic area | 1 | 0 |
| e. Below your waist in your rectal area | 1 | 0 |

2. In the last week, have you experienced:

| | Yes | No |
|--|-----|----|
| a. Pain or burning during urination? | 1 | 0 |
| b. Pain or discomfort during or after sexual climax? | 1 | 0 |

3. How often have you had pain or discomfort in any of these areas over the last week?

- 0 Never
- 1 Rarely
- 2 Sometimes
- 3 Often
- 4 Usually
- 5 Always

4. Which number best describes your AVERAGE pain or discomfort on the days that you had it, over the last week?

0 1 2 3 4 5 6 7 8 9 10
NO PAIN PAIN AS BAD AS YOU CAN IMAGINE

Urination

5. How often have you had a sensation of not emptying your bladder completely after you finished urinating, over the last week?

- 0 Not at all
- 1 Less than 1 time in 5
- 2 Less than half the time
- 3 About half the time
- 4 More than half the time
- 5 Almost always or always

6. How often have you had to urinate again less than two hours after you finished urinating, over the last week?

- 0 Not at all
- 1 Less than 1 time in 5
- 2 Less than half the time
- 3 About half the time
- 4 More than half the time
- 5 Almost always

Impact of Symptoms

7. How much have your symptoms kept you from doing the kinds of things you would usually do, over the last week?

- 0 None
- 1 Only a little
- 2 Some
- 3 A lot

8. How much did you think about your symptoms, over the last week?

- 0 None
- 1 Only a little
- 2 Some
- 3 A lot

Quality of Life

9. If you were to spend the rest of your life with your symptoms just the way they have been during the last week, how would you feel about that?

- 0 Delighted
- 1 Pleased
- 2 Mostly satisfied
- 3 Mixed (about equally satisfied and dissatisfied)
- 4 Mostly dissatisfied
- 5 Unhappy
- 6 Terrible

Scoring the NIH-Chronic Prostatitis Symptom Index Domains

Pain: Total of items 1a, 1b, 1c, 1d, 1e, 2a, 2b, 3, and 4 = _____

Urinary Symptoms: Total of items 5 and 6 = _____

Quality of Life Impact: Total of items 7, 8, and 9 = _____

Adapted from Litwin et al. J Urol. 1999;162:369-375