Patient Information Form

-Please Print-

PATIENT NAME_____ DATE OF BIRTH_____

ADDRESS_____CITY_____SATE_____ZIP_____

PHONE ( )_____-_____ WORK PHONE ( )_____-_____ SEX: M F AGE: _____

IS IT OKAY TO LEAVE A MESSAGE ON THE PHONE NUMBER YOU PROVIDED? YES NO

DRIVERS LICENSE #_____ HOW DID YOU HEAR OF US? _____

REFERRING PHYSICIAN _____ PHYSICIAN'S PHONE ( )_____ - _____

EMERGENCY CONTACT_____ RELATIONSHIP _____

EMERGENCY CONTACT'S PHONE ( ) _____-_____

PRIMARY INSURANCE_____

SECONDARY INSURANCE_____

PERSON RESPONSIBLE FOR PAYMENT (IF DIFFERENT FROM PATIENT)

FULL NAME_____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

EMPLOYER NAME_____ EMPLOYER PHONE # _____

HAVE YOU HAD PREVIOUS PHYSICAL THERAPY, OCCUPATIONAL THERAPY, OR SPEECH THERAPY THIS CALENDAR YEAR? YES NO HAVE YOU HAD HOME HEALTH THERAPY? IF SO, WHEN? _____

PLEASE CHECK THE CAUSE OF INJURY RELATED TO THIS APPOINTMENT (MUST PICK ONE)

☐ AUTO ☐ WORK ☐ HOME ☐ OTHER (PLEASE EXPLAIN)_____

IF YOU CHECKED AUTO OR WORK ABOVE, PLEASE COMPLETE THE FOLLOWING:

IS THERE LEGAL ACTION PENDING? YES NO

ATTORNEY'S NAME _____ PHONE NUMBER _____

WORKER'S COMPENSATION CARRIER _____ CLAIM NUMBER _____

NAME OF ADJUSTER _____ PHONE ( ) _____-_____

HUNTINGTON BEACH
PHYSICAL THERAPY
SPECIALISTS

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Incontinence and Pelvic Floor Patient Form

(Please fill out ONLY if you will be treated for Incontinence or pelvic floor)

How frequently do you urinate in a 24 hour period? _____

How many incontinent voids (accident) in a 24 hour period? _____

How much urine loss occurs with and incontinent void? Small Medium Large (circle one)

Do you experience urine loss before reaching the toilet? _____
How often? _____

Do you leak urine when you (Please circle YES or NO):

Cough once?	YES	NO	Have coughing spells?	YES	NO
Sneeze once?	YES	NO	Have a sneezing spell?	YES	NO
Laugh?	YES	NO	Jump?	YES	NO
Run?	YES	NO	Exercise?	YES	NO
Walk?	YES	NO	Bend over?	YES	NO

Pick up an object? YES NO If yes, what is the weight of the object? _____

When does urine loss most occur (circle one) DAY NIGHT BOTH
How much fluid do you drink during the day? _____
Do you drink caffeinated coffee, teas or sodas? _____Amount & Frequency _____

What is the date of your last menses? _____
Have you ever been given hormone replacement therapy? (Date) _____
Are you undergoing hormone replacement now? _____

Do you use panty liners, sanitary napkins, tissues, disposable briefs, or any other absorbent material for urine control? _____

Do you leak urine when you are nervous or excited? YES NO
Does urine escape from you when you raise or lower yourself from a chair? YES NO
Is it difficult to stop urine once it starts flowing? YES NO
Are you currently taking any medications? YES NO If yes, please list all medications on form attached

Have you had any previous surgeries? YES NO _____

Name (Please Print):_____

Signature: _____ Date: _____

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History and Physical Condition Information

Name: _____ Age:_____

Referring Physician: _____

Primary Care Physician: _____Phone: _____

Problems to be treated: _____

_____

_____

Approximately when did your injury start? _____

_____

Have you had treatment for this problem before? YES NO
If YES, state where:_____ When _____
Treatment given: _____

Have you had surgery associated with this problem? YES NO

What is your current height: _____ current weight: _____

Please list *all* medications on the separate *Medication list* form:

Do you now have / or have you ever had any of the following:

High Blood Pressure	YES	NO	Sensitive to Heat/Ice	YES	NO
Heart Disease	YES	NO	Allergies	YES	NO
Heart Attack	YES	NO	Hernia	YES	NO
Pacemaker	YES	NO	Seizures	YES	NO
Diabetes	YES	NO	Metal Implants	YES	NO
Headaches	YES	NO	Dizzy Spells	YES	NO
Kidney Problems	YES	NO	Balance Problems	YES	NO
Nervous Disorder	YES	NO	Vision Problems	YES	NO
Hearing Problems	YES	NO	Other Illnesses	YES	NO
Cancer	YES	NO	Describe_____		
History of Smoking	YES	NO	Are you pregnant?	YES	NO

If YES on any of the above, please explain and give approximate dates:_____

_____

Have you had Physical Therapy before for any injury? YES NO If YES, when and for how long?_____

Please provide your intended goals for Physical Therapy involving your current injury._____

_____

_____

The above information is correct to the best of my knowledge.

Signature: _____ Date: _____

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Medication List

Required for all patients

PATIENT NAME_____ DATE_____

Name of Medication/Vitamins/Supplements	Dosage/Frequency	Purpose of Medication

(Attn: Medicare Patients: Due to new changes implemented by Medicare and CMS, we are asking you to please list all the medications, supplements, vitamins, and herbs that you currently take, along with their respective dosages, frequency and purpose. These new regulations have been implemented in an effort to improve quality care and reporting for all Medicare patients. Many medications and vitamins can affect your musculoskeletal system and informing us of them will help ensure the best possible treatment for you and your overall health.)

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Pain Scale

Required for all Patients

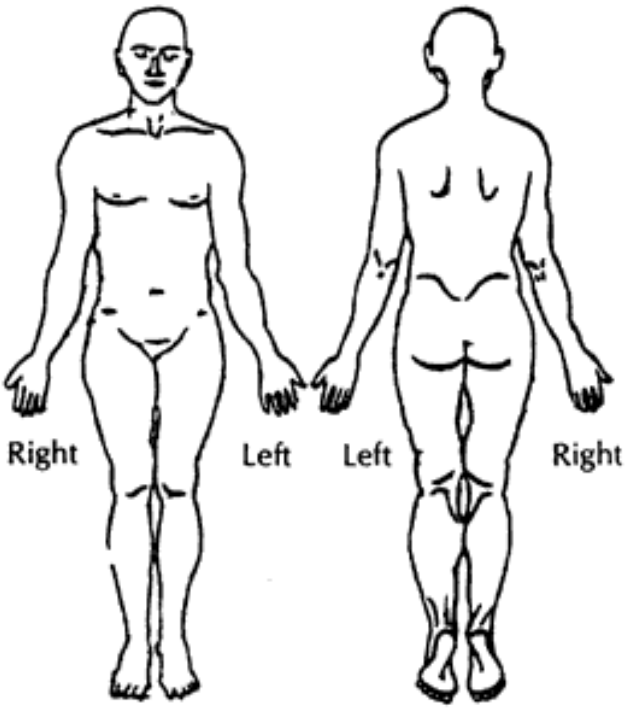
NUMERIC PAIN SCALE

PLEASE RATE YOUR PAIN ON THE FOLLOWING NUMBERIC SCALE, BY CIRCLING THE NUMBER WHICH BEST DESCRIBES YOUR PAIN.

0	1	2	3	4	5	6	7	8	9	10
Normal No Pain	Very Weak	Weak	Moderate		Somewhat Strong		Strong	Very Strong	Very Very	Emergency

THE PAIN DRAWING

Indicate your symptoms on the body diagrams using symbols in the key below.



//// Stabbing xxxx Aching 00000 Pins and needles ####Numbness

X_____
Patient Signature

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Fall Efficacy Scale

(Required for all **Medicare** patients only)

Patient Name _____ Date _____

Pursuant to Medicare guidelines we are required to assess any risk for falls and provide an appropriate plan of care or advice for assistive device.

1. Have you had two or more falls in the past year? Yes No
   If YES, when? _____

2. Were there any injuries caused by these falls? Yes No
   If YES, in what area? _____

On a scale from 1 to 10, with 1 being very confident and 10 being not confident at all, how confident are you that you do the following activities without falling?

Take a bath or shower

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Reach into cabinets or closets

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Walk around the house

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Prepare meals not requiring carrying heavy or hot objects

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Get in and out of bed

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Answer the door or telephone

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Get in and out of a chair

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Getting dressed and undressed

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Personal grooming (i.e. washing your face)

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

Getting on and off of the toilet

(Very Confident) 1 2 3 4 5 6 7 8 9 10 (Not at all Confident)

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Consent Form

Patient Name: _____ If minor, parent/guardian name_____

A photocopy of this document and signatures shall be considered as effective and valid as the original.

1. CONSENT FOR TREATMENT: I, the undersigned, hereby authorize Huntington Beach Physical Therapy Specialists and/or Tustin Physical Therapy Specialists (the "Clinic") to render services to me/patient, which are deemed necessary by the treating provider.

   X_____

   Signature of Patient/Guardian Date

2. RESPONSIBILITY FOR PAYMENT: I, the undersigned, take full responsibility for payments for all services rendered by Provider. If I have insurance benefits available, I understand that my insurance is a contract between me and my insurance company and NOT between the provider and my insurance company, and that I will be solely responsible for all billing and collection from the insurance company for all services rendered. The Provider cannot guarantee that the insurance company will pay, even if the policy provides for coverage, or approval was previously granted. Payment is due when services are rendered unless previous arrangements have been provided.

   X_____

   Signature of Patient/Guardian Date

3. CONFIDENTIALITY & PRIVACY OF PATIENT: I am aware that my medical information is confidential and may not be shared (except as permitted by law) with anybody without my consent. I am also aware that the staff at the Clinic may view my medical records for continuity of treatment.

   X_____

   Signature of Patient/Guardian Date

4. AUTHORIZATION TO RELEASE MEDICAL INFORMATION: I have read and fully understand the Clinic's Notice of Information Practices, the undersigned, consent to the use and disclosure of my personal health information for purposes as noted in the Clinic's Notice of Information and hereby authorizes the Provider and Staff to release information concerning my health acquired in the course of examination, history and treatment to a Physician, Healthcare provider and/or Insurance Carrier, as appropriate.

   X_____

   Signature of Patient/Guardian Date

5. CANCELLATION POLICY: PLEASE GIVE 24 HOURS NOTICE IF YOU ARE UNABLE TO MAKE YOUR SCHEDULED APPOINTMENT. A $35 FEE WILL BE INCURRED FOR ANY CANCELLATIONS GIVEN WITHOUT 24 HOURS NOTICE

   AFTER TWO FAILED APPOINTMENTS WITHOUT NOTIFICATION, YOUR REMAINING APPOINTMENTS WILL BE TAKEN OFF THE SCHEDULE UNTIL YOU NOTIFY US BY TELEPHONE OR IN PERSON.
   I HAVE READ AND AGREE TO THE ABOVE APPOINTMENT & CANCELLATION POLICY.

   X_____

   Signature of Patient/Guardian Date

6. SCHEDULING: In order to secure times that you desire, we recommend that you schedule at least two weeks of appointments, up to the length of your prescription, but it remains your choice to schedule future appointments and your responsibility to continue to schedule for the duration of your treatment.

   Please initial here _____

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VULVAR PAIN FUNCTIONAL QUESTIONNAIRE (VQ)

These are statements about how your pelvic pain affects your everyday life. Please check one box for each item below, choosing the one that best describes your situation. Some of the statements deal with personal subjects. These statements are included because they will help your health care provider design the best treatment for you and measure your progress during treatment. Your responses will be kept completely confidential at all times.

1. Because of my pelvic pain
- ☐ 3 I can't wear tight-fitting clothing like pantyhose that puts any pressure over my painful area.
- ☐ 2 I can wear closer fitting clothing as long as it only puts a little bit of pressure over my painful area.
- ☐ 1 I can wear whatever I like most of the time, but every now and then I feel pelvic pain caused by pressure from my clothing.
- ☐ 0 I can wear whatever I like; I never have pelvic pain because of clothing.

2. My pelvic pain
- ☐ 3 Gets worse when I walk, so I can only walk far enough to move around in my house, no further.
- ☐ 2 Gets worse when I walk. I can walk a short distance outside the house, but it is very painful to walk far enough to get a full load of groceries in a grocery store.
- ☐ 1 Gets a little worse when I walk. I can walk far enough to do my errands, like grocery shopping, but it would be very painful to walk longer distances for fun or exercise.
- ☐ 0 My pain does not get worse with walking; I can walk as far as I want to
- ☐ 0 I have a hard time walking because of another medical problem, but pelvic pain doesn't make it hard to walk.

3. My pelvic pain
- ☐ 3 Gets worse when I sit, so it hurts too much to sit any longer than 30 minutes at a time.
- ☐ 2 Gets worse when I sit. I can sit for longer than 30 minutes at a time, but it is so painful that it is difficult to do my job or sit long enough to watch a movie.
- ☐ 1 Occasionally gets worse when I sit, but most of the time sitting is comfortable.
- ☐ 0 My pain does not get worse with sitting, I can sit as long as I want to.
- ☐ 0 I have trouble sitting for very long because of another medical problem, but pelvic pain doesn't make it hard to sit.

4. Because of pain pills I take for my pelvic pain
- ☐ 3 I am sleepy and I have trouble concentrating at work or while I do housework.
- ☐ 2 I can concentrate just enough to do my work, but I can't do more, like go out in the evenings.
- ☐ 1 I can do all of my work, and go out in the evening if I want, but I feel out of sorts.
- ☐ 0 I don't have any problems with the pills that I take for pelvic pain.
- ☐ 0 I don't take pain pills for my pelvic pain.

5. Because of my pelvic pain
- ☐ 3 I have very bad pain when I try to have a bowel movement, and it keeps hurting for at least 5 minutes after I am finished.
- ☐ 2 It hurts when I try to have a bowel movement, but the pain goes away when I am finished.
- ☐ 1 Most of the time it does not hurt when I have a bowel movement, but every now and then it does.
- ☐ 0 It never hurts from my pelvic pain when I have a bowel movement.

6. Because of my pelvic pain
- ☐ 3 I don't get together with my friends or go out to parties or events.
- ☐ 2 I only get together with my friends or go out to parties or events every now and then.

□ 1 I usually will go out with friends or to events if I want to, but every now and then I don't because of the pain.
□ 0 I get together with friends or go to events whenever I want, pelvic pain does not get in the way

7. Because of my pelvic pain
□ 3 I can't stand for the doctor to insert the speculum when I go to the gynecologist.
□ 2 I can stand it when the doctor inserts the speculum if they are very careful, but most of the time it really hurts
□ 1 It usually doesn't hurt when the doctor inserts the speculum, but every now and then it does hurt.
□ 0 It never hurts for the doctor to insert the speculum when I go to the gynecologist.

8. Because of my pelvic pain
□ 3 I cannot use tampons at all, because they make my pain much worse.
□ 2 I can only use tampons if I put them in very carefully.
□ 1 It usually doesn't hurt to use tampons, but occasionally it does hurt.
□ 0 It never hurts to use tampons.
□ 0 This question doesn't apply to me, because I don't need to use tampons, or I wouldn't choose to use them whether they hurt or not.

9. Because of my pelvic pain
□ 3 I can't let my partner put a finger or penis in my vagina during sex at all.
□ 2 My partner can put a finger or penis in my vagina very carefully, but it still hurts.
□ 1 It usually doesn't hurt if my partner puts a finger or penis in my vagina, but every now and then it does hurt.
□ 0 It doesn't hurt to have my partner put a finger or penis in my vagina at all.
□ 0 This question does not apply to me because I don't have a sexual partner.
□ 0 Specifically, I won't get involved with a partner because I worry about pelvic pain during sex.

10. Because of my pelvic pain
□ 3 It hurts too much for my partner to touch me sexually even if the touching doesn't go in my vagina.
□ 2 My partner can touch me sexually outside the vagina if we are very careful
□ 1 It doesn't usually hurt for my partner to touch me sexually outside the vagina, but every now and then it does hurt
□ 0 It never hurts for my partner to touch me sexually outside the vagina
□ 0 This question does not apply to me because I don't have a sexual partner.
□ 0 Specifically, I won't get involved with a partner because I worry about pelvic pain during sex.

11. Because of my pelvic pain
□ 3 It is too painful to touch myself for sexual pleasure.
□ 2 I can touch myself for sexual pleasure if I am very careful.
□ 1 It usually doesn't hurt to touch myself for sexual pleasure, but every now and then it does hurt.
□ 0 It never hurts to touch myself for sexual pleasure.
□ 0 I don't touch myself for sexual pleasure, but that is by choice, not because of pelvic pain.